

# THE AUTISM ADVOCACY YOU DESERVE

Defending the rights of individuals with autism and their families



# AS A NATION, WE ARE FAILING INDIVIDUALS WITH AUTISM

## Housing for Adults with Autism: A Growing Crisis

By: Mandy H. Breslow, LCSW, MSEd | Indie Living, Inc. 🎬 July 1st, 2019 🛭 🗣 adults, housing, independence, Medicaid, summer 2019 issue 🛛 👁 9620 🔉 6

#### Autistic defendants are being failed by the criminal justice system

The criminal justice system (CJS) is failing autistic people, argue researchers at the Autism Research Centre, University of Cambridge, after a survey of lawyers found that an overwhelming majority of their clients were not provided with adequate support or adjustments.

## Autistic Individuals Have Poorer Health and Healthcare

Autism Featured Neuroscience · May 29, 2022

### Are Autistic Students Traumatized in Schools?

By: Marcia Eckerd, PhD | Diagnostician, Therapist, Writer, and Speaker 🛱 April 1st, 2022

#### 'So Rudderless': A Couple's Quest for Autism Treatment for Their Son **Hits Repeated Obstacles**

Colorado approaching a health care crisis when it comes to autism services for children

## One in four autistic children wait over three years for school support, poll finds

National Autistic Society says long waits for educational help is leaving families 'on the edge of crisis'

Autism study finds high rates of unmet healthcare needs; suggests public policy solutions

### Autism increases likelihood of arrest in youth

July 23, 2022 by Jad Salem

### Calif. Teen with Autism Died After Being Restrained for More than an Hour, 3 School **Employees Indicted**

The Guiding Hands School in El Dorado Hills was shut down a week after Max Benson's death

By Chris Harris | Published on July 25, 2022 01:37PM EDT

## 85% of adults on the autism spectrum are unemployed – and hiring practices may be to blame

By Paola Peralta April 21, 2023, 3:30 p.m. EDT 6 Min Read

### **10**-year-old with autism arrested at Florida school

By Jacqueline Howard, CNN Updated 9:17 AM EDT, Mon April 24, 2017

### Parents of autistic children fight for treatment in an unforgiving market

Therapy costing up to \$40,000 a year aggravates insurance providers, whose refusal to cover it can leave parents struggling

investigates



Dayton school employee shown on camera hitting child with autism

#### **Rockdale teachers accused of locking** child with autism in bathroom, school

Autistic people at greater risk of becoming homeless new research

Published: June 12, 2018 5.02am EDT



# THE CHALLENGES ARE EXTENSIVE AND EXACERBATE EACH OTHER



## **HEALTHCARE**

**Inability of individuals** and families to access effective services (e.g., **Applied Behavior Analysis**)



## **EDUCATION**

Inadequate support and prejudice leading to pervasive failure to provide free and appropriate public education and postsecondary education opportunities



## HOUSING

**Insufficient availability** of appropriate housing and recreational facilities for individuals with autism, especially those with challenging behaviors



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## **EMPLOYMENT**

**Discrimination**, lack of understanding and lack of accommodations resulting in the highest rates of unemployment and underemployment of any disability

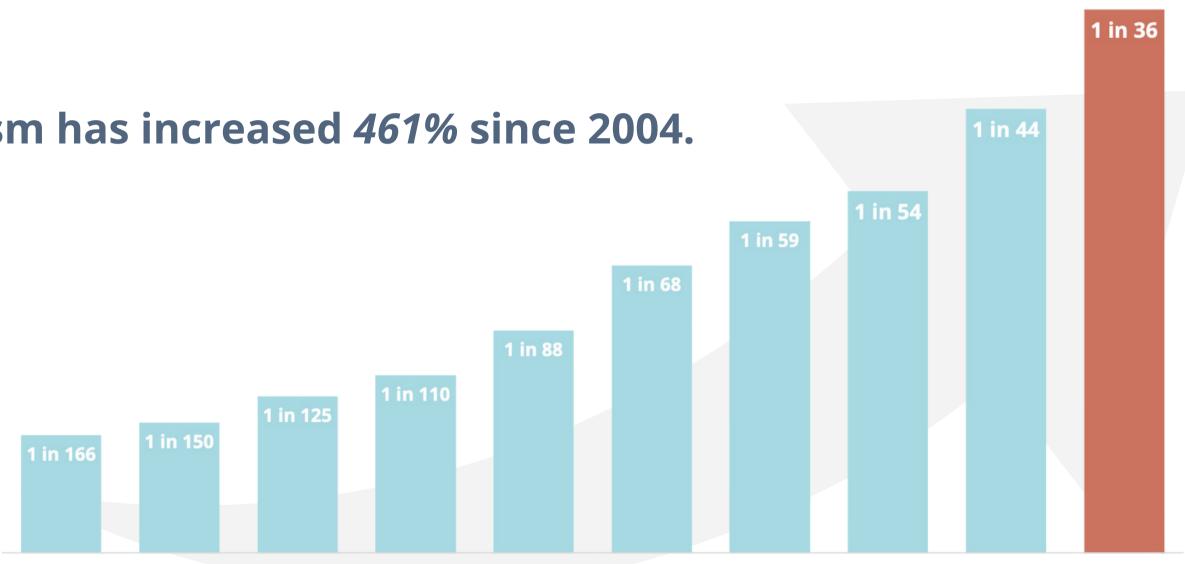


## **CRIMINAL JUSTICE**

Lack of information and resources leading to unsafe police encounters, overcriminalization and failed justice systems for people with autism

# PROBLEMS WILL ONLY CONTINUE TO GROW with the increasing prevalence of Autism

# Autism has increased 461% since 2004.



2004 2006 2008 2010 2012 2016 2018 2020 2022 2023

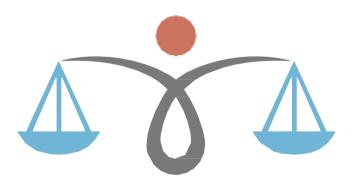


LIKE OTHERS, THE AUTISM COMMUNITY NEEDS AN ORGANIZATION TO DEFEND ITS CIVIL RIGHTS AND FIGHT FOR SYSTEMIC CHANGE



"MILLIONS OF INDIVIDUALS WITH ASD ARE CURRENTLY LACKING PROPER ACCESS TO HEALTHCARE AND EDUCATION. AS WITH OTHER CIVIL RIGHTS FIGHTS, LACK OF ACCESS TO THOSE TWO FUNDAMENTAL INSTITUTIONS IS THE WORST FORM OF INJUSTICE." Dan Unumb, Attorney & NALC Founder

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# NATIONAL AUTISM LAW CENTER

# TODAY, NO NATIONAL ORGANIZATION IS FOCUSED ON THE LEGAL NEEDS OF THE AUTISM COMMUNITY

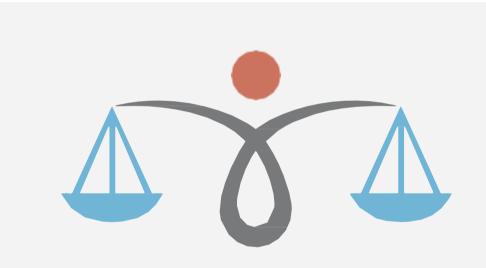
Some organizations FOCUS ON SUPPORT AND ADVOCACY FOR ASD











NATIONAL AUTISM LAW CENTER

# WE WILL FILL THIS GAP.

OTHERS PROVIDE LEGAL SUPPORT TO PEOPLE WITH **BROAD DISABILITIES** 





Council of Parent Attorneys and Advocates









# THE NATIONAL AUTISM LAW CENTER WILL Protect and Expand the rights of MILLIONS OF INDIVIDUALS WITH AUTISM

# **OUR MISSION**

To enforce and expand the legal rights and protections for individuals with autism, providing support for them and their families, as well as the service providers and attorneys who assist them.

We will do this through: Impact litigation Public Policy/Advocacy • Technical assistance and education And collaboarating with other ASD support organizations



# THE NALC WILL LEVERAGE THE EXPERIENCE OF LEADERS IN THE FIELD

## Dan Unumb: Nationally Renowned Health Insurance Attorney, President and Founder of the NALC

Dan is one of the definitive voices advocating for autistic individuals in the U.S. In addition to his role as the litigation head of the NALC, he serves as President and Founder of the Autism Legal Resource Center, a national law firm serving autism stakeholders including autism service providers, state licensing boards and state associations as well as individuals with autism spectrum disorders and their families.

Co-authors Dan and Lorri Unumb wrote "Autism and the Law," the only autism case textbook published in the US. Dan has also served as a subject matter expert in various publications, served on policy development panels, and provided legislative testimony and analysis.

Before beginning full-time autism advocacy, Dan was the Director of Litigation for South Carolina Legal Services, a 10-office, statewide legal aid program; counsel to a top 200 law firm; national class action counsel; and prior to that a trial attorney with the Civil Division of the U.S. Department of Justice where he practiced in federal district and appellate courts across the country.







# THE NALC TEAM WILL HARNESS WIDE EXPERTISE AND COLLABORATE WITH OTHERS

## **BOARD**



Dan Unumb, J.D. Founder and President of NALC



Michele Trivedi, MHA Groundbreaking activist for *healthcare coverage and the* rights of autistic individuals



Keith Laabs, MBA CEO at the Carolina Center for ABA and Autism Treatment



Amie Perl, MBA Former SVP of Operations Little Leaves Behavioral Services

## **ADVISORY BOARD**



Lorri Unumb, J.D. Internationally acclaimed advocate, former Vice President of State Government Affairs at Autism Speaks, current CEO at The Council of Autism Service Providers



Jane Howard, Ph.D. Founder of Therapeutic Pathways and Professor Emeritus (Psychology) at California State University, author of numerous influential studies on autism treatment



*spectrum disorders* 



Sonja Kerr, J.D. Renowned special education attorney

#### Somer Bishop, Ph.D.

Associate Professor, Department of *Psychiatry Director of Research, The* UCSF Center for ASD & NDDs. National expert in assessment, diagnosis, and treatment of individuals with autism



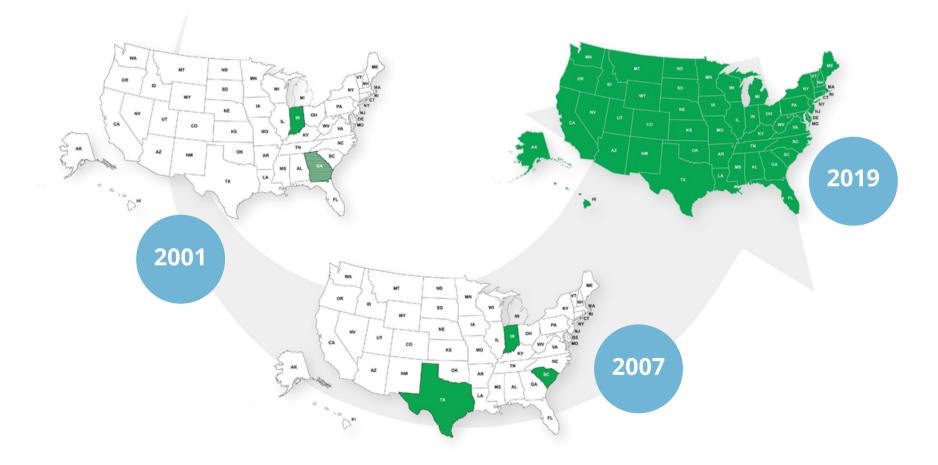
#### Katie Dzurec, J.D.

*Former assistant counsel to the* Pennsylvania DOI commissioner and former Chair, Mental Health Parity Working Group, National Association of Insurance Commissioners

# AND CONTINUE THE WORK OF A TEAM THAT KNOWS HOW TO DRIVE SYSTEMIC CHANGE

#### Autism Insurance Reform

Our progress in securing autism insurance reform in all 50 states



### Medicaid Coverage in All 50 States

Coverage for autism services expanded to Medicaid eligible children to all 50 states, continuing work on barriers and access issues and expansion of coverage to adults

#### The Autism Law Summit

Originated by Dan and Lorri in 2007 as an informal gathering of parents and other "doers" in the autism field, the Summit has become the annual "go to" event for autism advocacy

### Major Corporate Reform

We have secured elimination of financial limits, age caps and other restrictions on autism coverage in self-funded employee health plans of major companies and major hospital systems







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### The Autism Attorney Summit

Started by Dan in 2014, this annual meeting of attorneys brings together key attorneys, working on cutting-edge litigation to improve the lives of people with autism

# THERE ARE COUNTLESS ISSUES TO ADDRESS

## **HEALTHCARE**

**Despite recent** progress, there is much more to do to ensure adequate healthcare and insurance coverage

- Many families still find that there are gaps and exclusions in insurance coverage, especially self-funded and small business plans
- Adult insurance coverage is often lacking or, in many cases, completely non-existent
- Improper treatment limitations, barriers to appeals and inadequate networks still limit or delay coverage
- Low Medicaid reimbursement rates in many states make treatment inaccessible for many who rely on government funded insurance

## **EDUCATION**

**Children with autism** almost universally suffer from inadequate support and discrimination in the education system

• Despite the obligation to provide a free

adequate and available supports that

allow children with autism to access

• Continued silos between healthcare

and education impose incalculable

functioning and huge financial and

• Teaching that truly supports autism is

an emergent field that desperately

needs money and resources to flourish

costs to the individual in lost

and appropriate public education,

many schools still fail to provide

the school environment

societal costs

## HOUSING

Lack of appropriate housing options is a reality for most adults who are materially affected with autism; lower income families have few suitable options

- Well-intentioned but poorly written and interpreted "settings rules" deter construction of communities designed for individuals with autism, particularly those serving individuals with Medicaid funding
- Reimbursement rates are typically woefully too low to be sustainable given the specialized training and staffing levels needed
- A relatively small number of families with financial means can access specially-designed residential settings, while the vast majority lingers on yearsor decades-long waitlists for the few beds that do exist in sub-par housing options

- violations in the hiring process are common
- benefit people with disabilities, vocational rehabilitation agencies and other organizations that help people with disabilities get jobs often fail to have adequate personnel and programs to deal with the specific needs and challenges of people with autism



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## **EMPLOYMENT**

Adequate accommodation of autism in the workplace is extremely lacking, with the vast majority of people with ASD being unemployed or underemployed

- Most workplaces still have no idea how to accommodate individuals with autism
- Discrimination and significant
- Americans with Disabilities Act
- Notwithstanding laws intended to

## **CRIMINAL JUSTICE**

The criminal justice system continues to present a considerable risk to the health safety, and liberty of individuals with autism

- Difficulty communicating, understanding social cues, and responding to orders makes interaction with police extremely problematic and potentially lethal
- Current law is not designed for individuals with these difficulties, and is often unforgiving
- Criminal justice is inseparably linked to both healthcare and education, as individuals with autism often struggle to understand social norms and may not receive the education they need to progress in these areas

# OUR INITIAL FOCUS

## HEALTHCARE

- Continue to fight for coverage of evidence-based, medically necessary services
  - Remove age and spending caps
  - Remove exclusions for small group and individual plans
  - Ensure accessible alternative coverage for individuals covered via self-funded plans
- Ensure access to services is not inappropriately withheld (e.g. litigate mental health parity law violations)

## **EDUCATION**

- Ensure that access to medically necessary services are not prohibited due to the school setting
  - Require schools to allow services (and providers) into the school setting
  - Require health insurance payors to allow school as a setting for services
- Clarify expectation of schools under IDEA and ADA standards through case law (i.e. litigate IDEA and ADA violations)

# HOUSING

- Add detail and clarity into "settings rule" at federal and/or state levels to remove barrier for projects hoping to serve individuals covered by Medicaid
- Ensure reimbursement levels are sufficient to enable financially attractive projects that serve individuals across the spectrum
- Litigate when underfunding results in discrimination (e.g. excluding individuals with severe challenging behaviors)

# WE NEED YOUR HELP

The expertise and leadership of pioneering figures like Dan and Lorri Unumb have already made a demonstrable difference to the lives of millions of individuals with autism. But there's still so much work to be done.

Solving issues this systemic and far-reaching takes considerable time, effort, and funding. If we're going to secure the future of autism advocacy in the U.S., we need to build a sophisticated organization designed to lead this fight.

## THE NALC IS SEEKING FUNDING TO:

- **Hire attorneys and key staff** in 5 key areas (healthcare, education; housing, employment, criminal justice) to direct and manage litigation, legislation, and advocacy
- **Broaden our base of co-counsels** on the ground in each state
- Facilitate the **wide-scale training of attorneys** to develop a better understanding of how autism is impacted in each of these areas of law

- Create a **litigation fund** that will support individuals, families and attorneys willing to bring select cases
- Author white papers and information releases for decision makers (courts, legislators)
- Provide practical and accessible resources for parents





# GET IN TOUCH NOW TO FIND OUT MORE ABOUT THE NALC, OR TO SCHEDULE A MEETING WITH OUR TEAM



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